

Topspin Tennis academy provides a comprehensive range of tennis coaching from mini tennis for young children through to youth squad, adult, social and private lessons. Our coaches are internationally qualified with many years of international coaching experience and have played competitively to the highest standards.

Topspin Tennis Junior tennis program is designed for children aged 4 + years and is structured in a manner that allows students to progress and develop their ability enabling them to move up the various class levels in the fastest time possible.

The Mini Tennis system is divided into 3 progressive colour coded levels through which the students can advance. This allows young players an exciting and positive introduction to tennis at a standard that suits their personal abilities along with other children at a similar skill level. Each stage uses different size racquets, specialist tennis balls and increasing court dimensions.



Mini Red: (4 - 6 years)

Played on half the tennis court with short racquets and soft balls, an emphasis is placed on movement and coordination to build confidence through various ball skills, fun games and rallying.



Mini Orange: (7+ years)

For those who have developed skills sufficiently through Mini Red. Using low compression balls and modified court sizes, rules are adapted to develop the confidence and ability of the players covering coordination, movement exercises and techniques.



Mini Green (9+years)

Using a faster ball and full size court, sessions will focus on developing correct technique on all strokes. Sessions will incorporate a played based approach including drills, coordination, movement exercises and tactics of match play.

Squad: 11+ years

For those who have passed through the Mini Green, this course shall focus on technical development through drills, strategy, singles and doubles match play and will prepare players for competition.

Adult Tennis

Topspin Tennis provides classes to a variety of different adult players ranging from those who have never played before through to improvers and the competent club players. Group and private classes to suit all standards are available including social tennis, cardio tennis and more advanced clinics.

Coaches are responsible for assessing the standard of students and assigning class level.